

HEALTH PLAN COMPARISON

Oneplan is not a medical aid and the benefits are not the same as a medical aid.

These prices and benefits are effective from 1 February 2026.

Once off Administration & Card fee of R160 will be charged when you take out your policy.

Additional card fee is R160.

HEALTH PLAN			CORE PLAN			CORE PLUS PLAN			BLUE PLAN			PROFESSIONAL PLAN			EXECUTIVE PLAN		
SINGLE	R	250	SINGLE	R	535	SINGLE	R	735	SINGLE	R	1 080	SINGLE	R	1 595	SINGLE	R	2 175
Single Insured + 1 Child	R	450	Single Insured + 1 Child	R	935	Single Insured + 1 Child	R	1 165	Single Insured + 1 Child	R	1 755	Single Insured + 1 Child	R	2 550	Single Insured + 1 Child	R	3 185
Single Insured + 2 Children	R	645	Single Insured + 2 Children	R	1 290	Single Insured + 2 Children	R	1 575	Single Insured + 2 Children	R	2 400	Single Insured + 2 Children	R	3 340	Single Insured + 2 Children	R	4 100
Single Insured + 3 Children	R	845	Single Insured + 3 Children	R	1 610	Single Insured + 3 Children	R	1 940	Single Insured + 3 Children	R	3 020	Single Insured + 3 Children	R	4 040	Single Insured + 3 Children	R	4 820
Single Insured + 4 Children	R	1 035	Single Insured + 4 Children	R	1 900	Single Insured + 4 Children	R	2 285	Single Insured + 4 Children	R	3 630	Single Insured + 4 Children	R	4 735	Single Insured + 4 Children	R	5 520
COUPLE	R	500	COUPLE	R	1 070	COUPLE	R	1 420	COUPLE	R	2 140	COUPLE	R	3 045	COUPLE	R	3 855
Couple + 1 Child	R	695	Couple + 1 Child	R	1 445	Couple + 1 Child	R	1 835	Couple + 1 Child	R	2 775	Couple + 1 Child	R	3 720	Couple + 1 Child	R	4 780
Couple + 2 Children	R	895	Couple + 2 Children	R	1 780	Couple + 2 Children	R	2 225	Couple + 2 Children	R	3 280	Couple + 2 Children	R	4 325	Couple + 2 Children	R	5 675
Couple + 3 Children	R	1 090	Couple + 3 Children	R	2 090	Couple + 3 Children	R	2 590	Couple + 3 Children	R	3 750	Couple + 3 Children	R	4 920	Couple + 3 Children	R	6 355
Couple + 4 Children	R	1 290	Couple + 4 Children	R	2 395	Couple + 4 Children	R	2 945	Couple + 4 Children	R	4 195	Couple + 4 Children	R	5 440	Couple + 4 Children	R	7 045
ADD ON: NOT AVAILABLE FOR THIS PLAN			ADD ON: EXCESS BUSTER - R15 PP PER MONTH			ADD ON: EXCESS BUSTER - R15 PP PER MONTH			ADD ON: EXCESS BUSTER - R25 PP PER MONTH			ADD ON: EXCESS BUSTER - R40 PP PER MONTH			ADD ON: EXCESS BUSTER - R40 PP PER MONTH		

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Oneplan™ is administered by Oneplan Underwriting Managers (Pty) Ltd, authorised financial services provider FSP43628. Oneplan is not a benefit option regulated by the Medical Schemes Act, but a non-life insurance product underwritten by Bryte Insurance Company Limited a licensed insurer and an authorised FSP (17703).

HEALTH PLAN COMPARISON		HEALTH	CORE	CORE PLUS	BLUE	PROFESSIONAL	EXECUTIVE
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HEALTH COVER		WAITING PERIODS	COVER LIMITS				
Doctor's Visits	⌚ 30 Days	Up to R370 per visit	Up to R420 per visit	Up to R420 per visit	Up to R440 per visit	Up to R500 per visit	Up to R550 per visit
Scripted Medication	⌚ 30 Days	Up to R170 per script	Up to R180 per script	Up to R180 per script	Up to R200 per script	Up to R290 per script	Up to R315 per script
Over-the-counter Medication	⌚ 30 Days	-	Up to R180 per annum	Up to R180 per annum	Up to R200 per annum	Up to R290 per annum	Up to R315 per annum
Pathology / Blood Tests <small>(Must be referred by a medical practitioner)</small>	⌚ 30 Days	Up to R445 per event	Up to R510 per event	Up to R510 per event	Up to R530 per event	Up to R585 per event	Up to R695 per event
Radiology / X-Rays <small>(Must be referred by a medical practitioner)</small>	⌚ 30 Days	Up to R445 per event	Up to R510 per event	Up to R510 per event	Up to R530 per event	Up to R585 per event	Up to R695 per event
Dentistry	⌚ 90 Days	Up to R600 per visit	Up to R685 per visit	Up to R685 per visit	Up to R720 per visit	Up to R850 per visit	Up to R905 per visit
Specialist Cover <small>(Must be referred by a medical practitioner)</small>	⌚ 90 Days	-	-	-	-	-	Up to R2 215 per visit <small>(Referral from GP required)</small>
Maternity Pre Birth <small>(Confirmation of pregnancy required)</small>	⌚ 7 months applicable to new policies	Up to R650 per visit	Up to R685 per visit	Up to R685 per visit	Up to R695 per visit	Up to R700 per visit	Up to R705 per visit
Optometry	⌚ 12 Months	Up to R1 045	Up to R1 185	Up to R1 185	Up to R1 275	Up to R1 675	Up to R1 760

MAXIMUM OVERALL LIMITS FOR HEALTH COVER:	Single: R7 450 2 or 3: R12 450 4 plus: R15 500	Single: R8 465 2 or 3: R14 140 4 plus: R17 605	Single: R8 465 2 or 3: R14 140 4 plus: R17 605	Single: R9 085 2 or 3: R14 195 4 plus: R18 735	Single: R13 115 2 or 3: R20 385 4 plus: R25 270	Single: R18 165 2 or 3: R26 770 4 plus: R32 175
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HOSPITAL RISK COVER		WAITING PERIODS	HEALTH	CORE	CORE PLUS	BLUE	PROFESSIONAL	EXECUTIVE
Casualty Illness	⌚ 90 Days	-	Up to R5 800	Up to R5 800	Up to R5 800	Up to R5 800	Up to R6 000	Up to R6 200
Casualty Accident	⌚ Immediate	-	Up to R5 800	Up to R5 800	Up to R5 800	Up to R5 800	Up to R6 000	Up to R6 200
Accident Cover	⌚ Immediate	-	* Up to R190 000 per insured event	* Up to R190 000 per insured event	* Up to R245 000 per insured event	* Up to R245 000 per insured event	* Up to R265 000 per insured event	* Up to R350 000 per insured event
Illness in Hospital	⌚ 90 Days <small>(Certain conditions are excluded for 12 Months)</small>	-	-	* Up to R45 000 per insured event	* Up to R70 000 per insured event p/p	* Up to R75 000 per insured event p/p	* Up to R85 000 per insured event p/p	
Dread Disease	⌚ 6 Months	-	-	-	Up to R340 000	Up to R350 000	Up to R395 000	
Natural Birth & Emergency Caesareans	⌚ 12 Months	-	-	-	* Up to R55 000 per insured event p/p	* Up to R65 000 per insured event p/p	* Up to R75 000 per insured event p/p	
Neonatal Stabilisation <small>(In-Hospital Cover within the first 4 weeks from birth)</small>	⌚ 12 Months	-	-	-	* Up to R55 000 per insured event p/p	* Up to R65 000 per insured event p/p	* Up to R75 000 per insured event p/p	
Repatriation	⌚ Immediate	-	Up to R15 000 per insured person. Repatriation of mortal remains within South Africa to a funeral home more than 100km away.	Up to R15 000 per insured person. Repatriation of mortal remains within South Africa to a funeral home more than 100km away.	Up to R15 000 per insured person. Repatriation of mortal remains within South Africa to a funeral home more than 100km away.	Up to R15 000 per insured person. Repatriation of mortal remains within South Africa to a funeral home more than 100km away.	Up to R15 000 per insured person. Repatriation of mortal remains within South Africa to a funeral home more than 100km away.	
Ambulance & Emergency Services	⌚ Immediate	-	24 hr Medical Assistance with an emergency dedicated line. In the event of a justifiable, life-threatening medical emergency, the insured will be transported by ambulance to the nearest appropriate medical facility.					

ADDITIONAL BENEFITS INCLUDED IN YOUR PREMIUM AND POLICY

Accident Disability	⌚ Immediate	-	Up to R210 000	Up to R210 000	Up to R220 000	Up to R230 000	Up to R230 000
Family Death Cover	⌚ Accidental death (Immediate)	-	Principal Insured: R13 000 Spouse/Partner: R13 000 Children 14-21yrs: R13 000 Children 6-13 yrs R9 000 Children 1-5yrs: R7 000	Principal Insured: R13 000 Spouse/Partner: R13 000 Children 14-21yrs: R13 000 Children 6-13 yrs R9 000 Children 1-5yrs: R7 000	Principal Insured: R15 000 Spouse/Partner: R15 000 Children 14-21yrs: R15 000 Children 6-13 yrs R10 000 Children 1-5yrs: R7 500	Principal Insured: R20 000 Spouse/Partner: R20 000 Children 14-21yrs: R20 000 Children 6-13 yrs R12 500 Children 1-5yrs: R8 750	Principal Insured: R25 000 Spouse/Partner: R25 000 Children 14-21yrs: R25 000 Children 6-13 yrs R15 000 Children 1-5yrs: R10 000
Trauma, Assault & Accidental HIV	⌚ Immediate	Trauma and Assault Counselling, Accidental HIV Protection Services, Accidental HIV Infection Treatment.					

• Terms and Conditions Apply • Pre-Existing Conditions are excluded for a maximum of 12 Months •
Late Joiner Fees may be applied • All healthcare cover amounts are paid onto your Oneplan Claim Card • * Excess applies